

# ALLERGENS TABLE

## THE SUN INN SS23

Nibbles	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphites
Garlic Mushrooms - Nibbles - Destination Core SS23							Does contain							Does contain
Chunks of Chorizo - Nibbles - Destination Core SS23	May contain	May contain							May contain					Does contain
Artisan Bread & Oil - Nibbles - Destination Core SS23		Does contain										Does contain		Does contain
Halloumi Fries - Starters - Destination SS23	Does contain	Does contain Wheat					Does contain				May contain			
Marinated Whole Olives - Nibbles - Destination Core SS23														
Hummus and Flatbread - Nibbles - Destination Core SS23		Does contain Wheat										Does contain		
Whitebait - Nibbles - Destination Core SS23				Does contain	Does contain				Does contain					
Pork belly bites - Starters - Destination Core SS23							Does contain							Does contain

Sharers	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphites
Baked Camembert - Starters - Destination Core SS23	Does contain	Does contain					Does contain					Does contain		Does contain
Nachos Grande - Sharers - Destination Core SS23	Does contain	Does contain					Does contain					Does contain		Does contain

Starters	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphites
Tandoori Chicken Skewers - Starters - Destination Core SS23		Does contain					Does contain		Does contain	Does contain	Does contain			Does contain
Ham Hock Terrine - Starters - The Sun Inn SS23	May contain	Does contain		Does contain			Does contain		Does contain			Does contain		Does contain
Salmon Gravlox - Starter - The Sun Inn SS23	May contain	Does contain		Does contain	Does contain		Does contain		May contain					
Tomato and Mozzarella Bruschetta - Starters - Destination Core SS23		Does contain					Does contain					Does contain		Does contain
Salt and Pepper Calamari - Starters - Destination Core SS23				Does contain				Does contain						
Roast Aubergine, Mint and Chilli Arancini - Starters - The Sun Inn SS23		Does contain										Does contain		Does contain

Mains	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphites
Tuna Nicoise salad - Mains - The Sun Inn SS23				Does contain	Does contain		Does contain		Does contain					
Hand Battered Hake & Chips - Mains - Destination Core SS23				Does contain	Does contain		Does contain		Does contain					
Seabass - Mains - The Sun Inn SS23	Does contain		Does contain		Does contain									
Risotto - Mains - The Sun Inn SS23	Does contain													Does contain
Green Pesto rigatoni Pasta - Mains - The Sun Inn SS23		Does contain		Does contain			Does contain		May contain	Does contain			May contain	
Pork Belly - Mains - Destination Core SS23	May contain	May contain					Does contain		May contain					Does contain
Chicken Caesar Salad - Mains - Destination Core SS23		Does contain Wheat		Does contain	Does contain		Does contain						Does contain	
Stuffed Chicken Supreme - Mains - The Sun Inn SS23		Does contain Oats Wheat					Does contain						Does contain	Does contain
Bone-in Pork Schnitzel - Mains - The Sun Inn SS23		Does contain Wheat		Does contain			Does contain				May contain			Does contain
Grilled Cajun Chicken Burger - Mains - The Sun Inn SS23		Does contain Wheat		Does contain			Does contain						Does contain	
Lamb Cutlets - Mains - The Sun Inn SS23		Does contain					Does contain							
8oz Sirloin Steak - Grills - Destination Core SS23														
10oz Gammon Steak - Grills - Destination Core SS23				Does contain			Does contain							
Classic Burger - Burger - Destination Core SS23	Does contain	Does contain		Does contain			Does contain		Does contain	Does contain		May contain	Does contain	Does contain
Harissa, Sweet Potato, Spinach, Chickpea Burger - Mains - The Sun Inn		Does contain Wheat		Does contain			Does contain				May contain	Does contain		Does contain

Sides	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphites
Cheesy Garlic Bread - Sides - Destination Core SS23	May contain	Does contain Wheat Rye		Does contain			Does contain		Does contain			May contain		
Seasonal Vegetables - Sides - Destination Core SS23														
Coleslaw - Sides - Destination Core SS23				Does contain										
Chunky Chips - Sides - Destination Core SS23														
Skin on Fries - Sides - Destination Core SS23														
Onion Rings - Sides - Destination Core SS23		Does contain Barley Wheat												
Garden Salad - Sides - Destination Core SS23				Does contain			Does contain							

Sandwiches	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphites
Chicken and Bacon w Fries - Sandwiches -Destination Core SS23		Does contain		Does contain			Does contain			May contain		May contain	Does contain	
Coronation Chickpea w Fries - Sandwiches - The Sun Inn SS23		Does contain							Does contain			May contain		
Tuna Melt w Fries - Sandwiches - The Sun Inn SS23		Does contain		Does contain	Does contain		Does contain							
Pulled Pork w Fries- Sandwiches - The Sun Inn SS23		Does contain												

Desserts	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphites
Rhubarb, Rspberry and pear crumble SUN INN AW22														
Lemon tart - Desserts - The Red Lion SS23		Does contain Wheat		Does contain			Does contain							
Sticky Toffee Pudding - Desserts - Destination Core SS23		Does contain Wheat		Does contain			Does contain							
Warm Brownie - Desserts - Destination Core SS23				Does contain			Does contain						Does contain	
Cherry and vanilla cheesecake - Desserts - The Sun Inn SS23		Does contain Wheat		Does contain			Does contain			Does contain	Does contain		Does contain	
Banoffee Cups - Desserts - The Sun Inn SS23		Does contain					Does contain						Does contain	

Upgrade your grill	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphites
Add Peppercorn Sauce Destination AW22							Does contain							
Add Diane sauce Destination Core AW22		Does contain Barley			Does contain		Does contain		Does contain					Does contain
Add Blue Cheese Sauce AW22							Does contain							
Add Garlic Roasted Mushrooms AW22							Does contain							Does contain
CLASSIC: Add Chimichurri Sauce														